

# Critical Incident Stress Debriefing (CISD)

## The Support

Your Arcora solution also includes\* timely, professional support in the event of a critical incident affecting the workplace (e.g. armed robbery, unexpected death of a coworker, major occupational injury, etc.), to support your team as you navigate the aftermath.

## The Specifics



For you

As a plan administrator or business owner, you have access to:

- Support from a counselling professional trained in traumatic situations

## The Steps

1

### Reach out.

Get in touch with Arcora by completing our [online form](#) or calling [1-877-412-7483](tel:1-877-412-7483).

2

### Share.

Share what's happened and we'll ensure you're connected with a professional within 24 to 72 hours who will work with you to create a plan to support your team and lessen the likelihood of them experiencing symptoms of trauma and stress after the event.

\*Additional fees may apply